

## Academic Self-Advocacy Questionnaire

Name: \_\_\_\_\_

Date: \_\_\_\_\_

1. How often do you ask for help from a teacher?
2. Imagine that you are going to seek assistance from a teacher. You need to prove that you have an exceptional ability. What materials would you bring to the meeting?
3. When you enter high school, who will you ask for help?

Put the number that matches your preference for each of the following. Use the key below to answer the questions.

0 = not likely    1 = somewhat likely    2 = likely    3 = very likely

1. When you need help in a class, which of these are most likely to be difficult for you?
  - taking the initiative and asking for help \_\_\_\_\_
  - making your needs clearly understood \_\_\_\_\_
  - asking in a positive way \_\_\_\_\_
  - knowing what help you need and asking \_\_\_\_\_
2. When entering high school, when are you most likely to identify yourself as having special needs to someone?
  - before school starts \_\_\_\_\_
  - during the first week \_\_\_\_\_
  - after you get used to school \_\_\_\_\_
  - after you find out you need help \_\_\_\_\_
  - never, because you don't want it known \_\_\_\_\_
  - only if you really need the help to pass \_\_\_\_\_

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3. If you are already in high school and you don't think you can cope with classes, would you:

- get the textbook early and read or tape it \_\_\_\_\_
- get a vocabulary list and learn the words \_\_\_\_\_
- find out the type of special help available \_\_\_\_\_
- ask your case manager for help \_\_\_\_\_
- seek information on graduation \_\_\_\_\_

4. You are having trouble understanding what is expected on a class assignment. Who are you most likely to ask for help?

- parent \_\_\_\_\_
- friend or classmate \_\_\_\_\_
- teacher of the class \_\_\_\_\_
- resource teacher or case manager \_\_\_\_\_
- you would figure it out on your own \_\_\_\_\_

5. When you need help from a teacher, how does it make you feel?

- embarrassed to have anyone know \_\_\_\_\_
- frustrated with yourself and the teacher \_\_\_\_\_
- confused about what sort of help to ask for \_\_\_\_\_
- comfortable about asking the teacher for help \_\_\_\_\_

Other:

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Student: \_\_\_\_\_

Grade: \_\_\_\_\_

Age: \_\_\_\_\_

Date: \_\_\_\_\_

Case Manager: \_\_\_\_\_